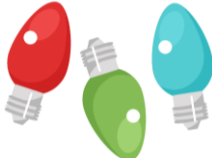



December 2025| MENU

Rise

Breakfast & Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>01 3</p> <p><u>Breakfast</u> Big Muffin ✓ Applesauce Cup <u>Lunch</u> WG Chicken & Vegetable Dumplings Buttered Carrot Coins ✓ Savory Green Beans ✓ Diced Pears</p>	<p>02</p> <p><u>Breakfast</u> Strawberry Bagel Bar ✓ 100 Fruit Blend Juice <u>Lunch</u> Beef Nachos w/ WG Chips Cuban Style Black Beans ✓ Salsa ✓ Fresh Apple Slices</p>	<p>03</p> <p><u>Breakfast</u> Assorted Cereal ✓ Diced Peaches <u>Lunch</u> Butterball Hot Dog Fresh Veggie Snack Pack ✓ Quick Pickled Cucumbers ✓ 100% Fruit Blend Juice</p>	<p>04</p> <p><u>Breakfast</u> Chocolate Chip French Toast ✓ Mixed Berry Cup <u>Lunch</u> Double Cheese Mac & Cheese WG Dinner Roll Creamed Spinach ✓ Fresh Veggie Snack Pack ✓ Fresh Pears</p>	<p>05</p> <p><u>Breakfast</u> Donut Day! ✓ Pineapple Tidbits <u>Lunch</u> WG Pizza Day! ✓ <i>available</i> Cheez-It Caesar Salad ✓ Mixed Vegetables ✓ Mixed Fruit</p>
<p>08</p> <p><u>Breakfast</u> Yogurt Cup with WG Graham Crackers ✓ 100% Apple Juice <u>Lunch</u> Sriracha Chicken Bites WG Dinner Roll Ginger Broccoli ✓ Savory Green Beans ✓ Fresh Pears</p>	<p>09</p> <p><u>Breakfast</u> Cinnamon Bun ✓ Applesauce Cup <u>Lunch</u> WG Beef & Cheddar Chalupas Salsa ✓ Pinto Beans ✓ Fresh Apples</p>	<p>10</p> <p><u>Breakfast</u> Blueberry Overnight Oats Cup ✓ Mixed Berry Cup <u>Lunch</u> Hamburger/Cheeseburger on WG Bun Emoticons ✓ Fresh Veggie Snack Pack ✓ 100% Fruit Blend Juice</p>	<p>11</p> <p><u>Breakfast</u> Assorted Cereal ✓ Blueberries <u>Lunch</u> Spaghetti with Meat Sauce WG Garlic Breadstick Oven Roasted Broccoli ✓ Fresh Veggie Snack Pack ✓ Applesauce Cup</p>	<p>12</p> <p><u>Breakfast</u> Donut Day! ✓ Pineapple Tidbits <u>Lunch</u> WG Pizza Day! ✓ <i>available</i> Tossed Salad ✓ Buttered Carrot Coins ✓ Fresh Bananas</p>
<p>15</p> <p><u>Breakfast</u> Donut Holes ✓ Pear Cup <u>Lunch</u> Tangerine Chicken with Brown Rice Garlic Flatbread Green Beans ✓ Buttered Carrot Coins ✓ Applesauce Cup</p>	<p>16</p> <p><u>Breakfast</u> Chocolate Chip French Toast ✓ Mixed Fruit <u>Lunch</u> Beef & Cheese Soft WG Tacos Black Beans Salsa ✓ Mixed Berry Cup</p>	<p>17</p> <p><u>Breakfast</u> Assorted Cereal ✓ Applesauce Cup <u>Lunch</u> WG Pizza Sticks ✓ Marinara ✓ Mixed Vegetables ✓ 100% Fruit Blend Juice</p>	<p>18</p> <p><u>Breakfast</u> Strawberry Bagel Bar ✓ Pineapple Tidbits <u>Lunch</u> Manager's Choice 1 Entrée 2 Vegetables 1 Fruit</p>	<p>19</p> <p><u>Breakfast</u> Donut Day! ✓ 100% Apple Juice <u>Lunch</u> WG Pizza Day! ✓ <i>available</i> Fresh Tossed Salad ✓ Sugar Roasted Baby Carrots ✓ Fresh Oranges</p>
22 Vacation	23 Vacation	24 Holiday	25 Holiday	26 Holiday
29 Vacation	30 Vacation	31 Vacation		
				

Lunch includes: Entrée with grain/bread, 1 cup vegetables, ½ cup fruit & milk.

“V” Symbolizes the daily vegetarian options

Menu selection is subject to change at any time

