



October 2025| MENU

Rise Charter School Breakfast & Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		01 <u>Breakfast</u> Donut Holes ✓ Blueberries <u>Lunch</u> Butterball Hot Dog Buttered Corn ✓ Veggie Snack Pack ✓ 100% Fruit Blend Juice	02 <u>Breakfast</u> Assorted Cereal ✓ Mandarin Oranges <u>Lunch</u> Creamy Tomato Alfredo ✓ WG Dinner Roll Buttered Broccoli ✓ Veggie Snack Pack ✓ Fresh Apple Slices	03 <u>Breakfast</u> WG Donut ✓ Pineapple Tidbits <u>Lunch</u> Pizza Day! ✓ available Seasoned Green Beans ✓ Baby Carrots & Dip ✓ Fresh Grapes
06 <u>Breakfast</u> Cinnamon Mini Waffles ✓ 100% Apple Juice <u>Lunch</u> Sriracha Chicken Bites WG Dinner Roll Mixed Vegetables ✓ Savory Green Beans ✓ Fresh Pears	07 <u>Breakfast</u> Assorted Cereal ✓ Applesauce Cup <u>Lunch</u> WG Beef & Cheddar Chalupas Salsa ✓ Pinto Beans ✓ Fresh Apples	08 <u>Breakfast</u> Chocolate Chip French Toast ✓ Mandarin Oranges <u>Lunch</u> Cheeseburger on WG Bun Buttered Corn ✓ Veggie Snack Pack ✓ 100% Fruit Blend Juice	09 <u>Breakfast</u> Cinnamon Bun ✓ Blueberries <u>Lunch</u> Spaghetti with Meat Sauce WG Garlic Breadstick Green Bean & Corn Medley ✓ Veggie Snack Pack ✓ Applesauce Cup	10 <u>Breakfast</u> WG Donut ✓ Pineapple Tidbits <u>Lunch</u> Pizza Day! ✓ available Spinach Salad ✓ Baby Carrots & Dip ✓ Fresh Bananas
13 Columbus Day 	14 Tracked Out 	15 Tracked Out 	16 Tracked Out 	17 Tracked Out 
20 Tracked Out 	21 Tracked Out 	22 	23 	24 
27 <u>Breakfast</u> Cinnamon Bun ✓ 100% Apple Juice <u>Lunch</u> Sriracha Chicken Bites WG Dinner Roll Mixed Vegetables ✓ Savory Green Beans ✓ Fresh Pears	28 <u>Breakfast</u> Assorted Cereal ✓ Applesauce Cup <u>Lunch</u> WG Beef & Cheddar Chalupas Salsa ✓ Pinto Beans ✓ Fresh Apples	29 <u>Breakfast</u> WG Chocolate Chip French Toast ✓ Mandarin Oranges <u>Lunch</u> Cheeseburger on WG Bun Buttered Corn ✓ Veggie Snack Pack ✓ 100% Fruit Blend Juice	30 <u>Breakfast</u> Southern Chicken Biscuit Blueberries <u>Lunch</u> Spaghetti with Meat Sauce WG Garlic Breadstick Green Bean & Corn Medley ✓ Veggie Snack Pack ✓ Applesauce Cup	31 <u>Breakfast</u> WG Donut ✓ Pineapple Tidbits <u>Lunch</u> Pizza Day! ✓ available Spinach Salad ✓ Baby Carrots & Dip ✓ Fresh Bananas

Lunch includes: Entrée with grain/bread, 1 cup vegetables, ½ cup fruit & milk.

"V" Symbolizes the daily vegetarian options

Menu selection is subject to change at any time



