

**December 2023 | MENU
Rise**

Breakfast & Lunch



Lunch includes: Entrée with grain/bread, 1 cup vegetables, ½ cup fruit & milk.

"V" Symbolizes the daily vegetarian options

Menu selection is subject to change at any time

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				01 <u>Breakfast</u> Fresh Baked WG Muffins Applesauce <u>Lunch</u> Pizza Day! <i>V available</i> Crispy Baked Fries <i>V</i> Mixed Fruit
04 <u>Breakfast</u> WG Cereal <i>V</i> 100% Apple Juice <u>Lunch</u> Wild Mike's WG Cheese Bites <i>V</i> Steamed Broccoli <i>V</i> Diced Pears	05 <u>Breakfast</u> WG Cinnamon Bun <i>V</i> Applesauce <u>Lunch</u> WG Chicken Soft Tacos Lettuce & Tomatoes <i>V</i> Diced Peaches	06 <u>Breakfast</u> Yogurt Cup & WG Graham Crackers <i>V</i> Mixed Fruit <u>Lunch</u> Chicken Filet Sandwich on WG Bun Emoticon Potatoes <i>V</i> Diced Pears	07 <u>Breakfast</u> WG Chocolate Chip French Toast <i>V</i> Diced Pears <u>Lunch</u> Hamburger on WG Bun Baked Beans <i>V</i> 100% Fruit Blend Juice	08 Farm 2 School Friday <u>Breakfast</u> Fresh Baked WG Muffins Applesauce <u>Lunch</u> Pizza Day! <i>V available</i> Sweet Potato Fries <i>V</i> Fresh Local Produce
11 <u>Breakfast</u> WG Cereal <i>V</i> 100% Fruit Blend Juice <u>Lunch</u> Cheese Calzone <i>V</i> Garlic Green Beans <i>V</i> Fresh Tangerines	12 <u>Breakfast</u> WG Cinnamon Bun <i>V</i> Applesauce <u>Lunch</u> WG Chicken Soft Tacos Lettuce & Tomatoes <i>V</i> Diced Peaches	13 <u>Breakfast</u> Yogurt Cup & WG Graham Crackers <i>V</i> Mixed Fruit <u>Lunch</u> Chicken Filet Sandwich on WG Bun Ginger Broccoli <i>V</i> Applesauce	14 <u>Breakfast</u> WG Chocolate Chip French Toast <i>V</i> Diced Peaches <u>Lunch</u> Cheeseburger on WG Bun Baked Beans <i>V</i> 100% Fruit Blend Juice	15 <u>Breakfast</u> Fresh Baked WG Muffins Applesauce <u>Lunch</u> Pizza Day! <i>V available</i> Crispy Baked Fries <i>V</i> Diced Pears
18 Winter Break	19 Winter Break	20 Winter Break	21 Winter Break	22 Winter Break
25 Winter Break	26 Winter Break	27 Winter Break	28 Winter Break	29 Winter Break

