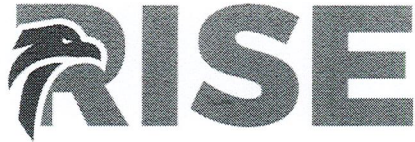


August 2022 | MENU
Rise
Breakfast & Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01	02	03	04	05
08	09	10	11	12
15	16	17	18	19
22 <u>Breakfast</u> WG Apple Cinnamon Rounds ✓ Fruit <u>Lunch</u> Brunch Totchos ✓ WG English Muffin Glazed Sweet Potatoes ✓ Fruit	23 <u>Breakfast</u> WG Banana Muffin ✓ Fruit <u>Lunch</u> Beef Nachos Ranch Style Pinto Beans ✓ Fruit	24 <u>Breakfast</u> Fresh Baked Biscuit with Grape Jelly ✓ Fruit <u>Lunch</u> WG Baked Chicken Bites WG Dinner Roll Seasoned Carrots ✓ Fruit	25 <u>Breakfast</u> WG Cereal ✓ Fruit <u>Lunch</u> Hamburger/Cheeseburger on WG Bun Steamed Broccoli ✓ Fruit	26 <u>Breakfast</u> Yogurt with WG Granola ✓ Fruit <u>Lunch</u> BBQ Pulled Pork Sandwich Baked Crinkle Cut Fries ✓ Fruit
29 <u>Breakfast</u> WG Cinnamon Biscuit ✓ Fruit <u>Lunch</u> WG Pepperoni & Cheese Calzone Savory Green Beans ✓ Fruit	30 <u>Breakfast</u> Yogurt with WG Granola ✓ Fruit <u>Lunch</u> Beef Taco Rice Bowl WG Tortilla Chips Ranch Style Pinto Beans ✓ Fruit	31 <u>Breakfast</u> WG Cereal ✓ Fruit <u>Lunch</u> Carolina Pulled Pork WG Hushpuppies ✓ Beans & Rice ✓ Fruit		

Breakfast includes: Entrée, 1 cup fruit & milk.

Lunch includes: Entrée with grain/bread, 1 cup vegetables, ½ cup fruit & milk.

“V” Symbolizes the daily vegetarian options

Menu selection is subject to change at any time