


May 2022 | MENU

Rise Breakfast & Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>02 <u>Breakfast</u> Fresh Baked Biscuit with Grape Jelly ✓ Fruit <u>Lunch</u> Cheeseburger on WG Bun Baked Potato Tots ✓ Fruit</p>	<p>03 <u>Breakfast</u> WG Banana Muffin ✓ Fruit <u>Lunch</u> Grilled Chicken WG Soft Tacos Pinto Beans ✓ Fruit</p>	<p>04 <u>Breakfast</u> Apple Cinnamon Oatmeal Rounds ✓ Fruit <u>Lunch</u> Chicken Fried Rice WG Dinner Roll Garlic Sautéed Spinach ✓ Fruit</p>	<p>05 <u>Breakfast</u> Yogurt Cup with Granola ✓ Fruit <u>Lunch</u> Oven Roasted Chicken WG Dinner Roll Glazed Sweet Potatoes ✓ Baked Apples</p>	<p>06 <u>Breakfast</u> WG Cereal ✓ Fruit <u>Lunch</u> WG Grilled Cheese ✓ Fresh Tossed Salad ✓ Fruit</p>
<p>09 <u>Breakfast</u> WG Banana Muffin ✓ Fruit <u>Lunch</u> WG Pepperoni & Cheese Calzone Savory Green Beans ✓ Fruit</p>	<p>10 <u>Breakfast</u> WG Cereal ✓ Fruit <u>Lunch</u> Pork Carnitas with WG Soft Tortillas Black Beans ✓ Fruit</p>	<p>11 <u>Breakfast</u> Fresh Baked Biscuit with Grape Jelly ✓ Fruit <u>Lunch</u> Hamburger/Cheeseburger on WG Bun Baked Crinkle Cut Fries ✓ Fruit</p>	<p>12 <u>Breakfast</u> Apple Cinnamon Oatmeal Rounds ✓ Fruit <u>Lunch</u> Brunch Totchos ✓ WG Dinner Roll Garlic Spinach ✓ Fruit</p>	<p>13 <u>Breakfast</u> Yogurt Cup with Granola ✓ Fruit <u>Lunch</u> Baked BBQ Chicken Fresh Baked Biscuit Fresh Baby Carrots Fruit</p>
<p>16 <u>Breakfast</u> Apple Cinnamon Oatmeal Rounds ✓ Fruit <u>Lunch</u> Grilled Chicken Philly Steamed Broccoli ✓ Fruit</p>	<p>17 <u>Breakfast</u> Yogurt Cup with Granola ✓ Fruit <u>Lunch</u> Bean & Cheese Taquitos ✓ Buttered Corn ✓ Fruit</p>	<p>18 National Slush Day <u>Breakfast</u> WG Banana Muffin ✓ Fruit <u>Lunch</u> BBQ Pork Sandwich Fresh Baby Carrots ✓ COOL TROPICS 100% Fruit Slushies</p>	<p>19 <u>Breakfast</u> WG Cereal ✓ Fruit <u>Lunch</u> Smoked Turkey & Cheese Sub Baked Potato Tots ✓ Fruit</p>	<p>20 <u>Breakfast</u> Fresh Baked Biscuit with Grape Jelly ✓ Fruit <u>Lunch</u> Cheese Pizza ✓ Garlic Green Beans ✓ Fruit</p>
<p>23 <u>Breakfast</u> Fresh Baked Biscuit with Grape Jelly ✓ Fruit <u>Lunch</u> Cheeseburger on WG Bun Baked Potato Tots ✓ Fruit</p>	<p>24 <u>Breakfast</u> WG Banana Muffin ✓ Fruit <u>Lunch</u> Grilled Chicken WG Soft Tacos Pinto Beans ✓ Fruit</p>	<p>25 <u>Breakfast</u> Apple Cinnamon Oatmeal Rounds ✓ Fruit <u>Lunch</u> Chicken Fried Rice WG Dinner Roll Garlic Sautéed Spinach ✓ Fruit</p>	<p>26 <u>Breakfast</u> Yogurt Cup with Granola ✓ Fruit <u>Lunch</u> Oven Roasted Chicken WG Dinner Roll Glazed Sweet Potatoes ✓ Baked Apples</p>	<p>27 <u>Breakfast</u> WG Cereal ✓ Fruit <u>Lunch</u> WG Grilled Cheese ✓ Fresh Tossed Salad ✓ Fruit</p>
<p>30 MEMORIAL DAY </p>	<p>31 <u>Breakfast</u> WG Cereal ✓ Fruit <u>Lunch</u> Manager's Choice Vegetable (2) Fruit</p>			

Breakfast includes:
Entrée, 1 cup fruit & milk.

Lunch includes:
Entrée with grain/bread, 1 cup vegetables, ½ cup fruit & milk.

"V" Symbolizes the daily vegetarian options

Menu selection is subject to change at any time.