



Local School Wellness  
Policy Triennial  
Assessment

June 27, 2022

*Templates Adopted from the California Local School Wellness Policy Collaborative.*

# Part 1, Comparison to Model Local School Wellness Policy

Component	Description
<b>Tool used for Model LSWP Comparison:</b>	Alliance for a Healthier Generation Model Wellness Policy <a href="https://api.healthiergeneration.org/resource/2">https://api.healthiergeneration.org/resource/2</a>
<b>Areas of Strength:</b>	<p>1. Our policy meets all the standards set forth by the Final Rule of 2016, just like the model document.</p> <p>2. We are strong in the section of physical activity. What we have listed provides many opportunities for students to be active.</p> <p>3. Our school-provided meals section is very descriptive.</p>
<b>Opportunities for Improvement</b>	<p>1. The model wellness policy states that the LWP should be “culturally and linguistically appropriate.” A lot of our families speak Spanish, and we should have a translated version to increase access.</p> <p>2. Including the “why” for not using food as a reward or consequence will be very helpful. If we end up allowing food for celebrations, we will need to add in the criteria for it.</p> <p>3. We should add in the after-school activities that we offer that are centered around nutrition or physical activity.</p>
<b>As a result of the comparison, was new language adopted in the LSWP?</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No – waiting on our school team to review proposed changes and awaiting board approval
<b>If yes, briefly describe what was adopted</b> (include page numbers for new language if possible)	<p>Included translation of the document in Spanish.</p> <p>Including the “why” behind not using food as a reward or a consequence.</p> <p>Included other programming at our school (after-school programs/sports)</p>
<b>Describe next steps for strengthening your LSWP</b>	<p>Meet as a school-based health team to review proposed changes.</p> <p>Submit LWP to be approved by the board</p> <p>Send updated LWP to families</p>

## Part 2, Extent of Compliance for All Schools with the LSWP

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
<b>Nutrition Education Requirements(s)</b>	1/1	0/1	0/1
<b>Nutrition Promotion Requirements(s)</b>	1/1	0/1	0/1
<b>Physical Activity Requirement(s)</b>	0/1	1/1	0/1
<b>Other Student Wellness Requirements(s)</b>	0/1	1/1	0/1
<b>Federal/State Meal Standards</b>	0/1	0/1	1/1
<b>Foods Offered but Not Sold Standards</b>	0/1	1/1	0/1
<b>Food and Beverage Marketing</b>	0/1	1/1	0/1

See this link for [notes on the assessment](#) of our compliance with our LSWP.

District LSWP Components	For the components below, indicate whether the district is in compliance.
<p style="text-align: center;"><b>Public Involvement</b></p> <p>The district will actively communicate the ways in which stakeholders can participate in the development, implementation and periodic review and update of the LSWP.</p>	<input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No
<p style="text-align: center;"><b>Public Notification</b></p> <p>The district will actively inform caregivers and the public each year of basic information about the LSWP.</p>	<input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No
<p style="text-align: center;"><b>Triennial Assessment</b></p> <p>Once every three years, the district will assess the LSWP by completing the following:</p> <ul style="list-style-type: none"> <li>• Comparing district LSWP to a model LSWP</li> <li>• Assessing the extent of compliance for all schools with the LSWP</li> <li>• Assessing the progress made in attaining the goals of the LSWP</li> </ul>	<input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No

## Part 3, Progress in Reaching LSWP Goals

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<p><b>Nutrition Education Goal(s)</b></p> <p>Scholars in grades K-8 receive nutrition education that is interactive and teaches the skills they need to adopt healthy eating behaviors.</p>	<p>Not met</p>	<p>A health class has not yet been adopted in the 21-22 school year, and we haven't seen incorporation of health into core contents. The nurse has been providing some education when scholars go to her office, but it's not always centered around food/nutrition.</p> <p>We will be implementing a health class in the 22-23 school year for middle schoolers.</p>	<p>Anecdotal evidence</p>
<p><b>Nutrition Promotion Goal(s)</b></p> <p>The school district will ensure there are consistent messages about healthy eating and physical activity throughout the cafeteria, hallways, and gymnasiums.</p>	<p>Not met</p>	<p>There are not many messages about healthy eating and physical activity posted in the school. The school has sent out a link about healthy foods to families, but that could be messaged more often as well.</p> <p>Over the summer of 2022, the school will be purchasing posters that reflect healthy living and our scholars to be posted around the school building.</p>	<p><a href="#">Here</a> is a link to the message we sent families in our newsletter.</p>

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<p><b>Physical Activity Goal(s)</b></p> <p>Scholars are given opportunities for physical activity during the school day through physical education classes, daily recess periods, and the integration of physical activity into the academic curriculum.</p>	Partially met	In 21-22, scholars have had a recess block of 20 minutes in all grades every day. They have both dance and PE as electives classes available to them throughout the year. We have not yet collaborated with families on how to encourage more physical activity in our scholars.	<a href="#">Here</a> is a link to our daily schedule.
<p><b>Other student wellness Goal(s)</b></p> <p>The goal is to create a total school environment that is conducive to healthy eating and being physically active.</p>	Partially met	We have 30 minutes for all scholars to eat their food. The dining environment is clean, and the serving line is destigmatizing and efficient. We can continue to grow in ensuring our fundraising is in line with our beliefs about healthy living.	<a href="#">Here</a> is a link to our daily schedule.
<p><b>Additional Goal(s)</b></p> <p>The school communicates with families about alternative ways to celebrate birthdays, holidays, and other events aside from food-based celebrations.</p>	Partially met	This messaging was sent out in a school newsletter in January and was enforced for the second half of the year. We are still considering whether we want this to be a part of our LSWP in the upcoming year, or if we'd like to message to families about healthy celebrations.	<a href="#">Here</a> is a link to the message we sent families in our newsletter.

## Part 4, Triennial Assessment Report to the Public

Target Audience(s)	Method	Date
Instructional Leadership Team	Meeting	6/24/22
General Public	Website	6/27/22
Parents/Families	Email	6/27/22
All Staff	Meeting	August 2022 (Projected)